
The Big Book Of Alcoholics Anonymous Including 12

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 The Book That Started It All
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 The Good Book and The Big Book
 A Simple Program
 Drop the Rock

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Alcoholics Anonymous Comes of Age,

Capizon Pub

Many thousands have benefited from "The Big Book" and its simple but profound explanation of the doctrines behind Alcoholics Anonymous, which was founded in 1935 by Bill Wilson and Dr. Bob Smith. This original 1939 edition outlines the famous 12 steps, and offers counsel for those who wish to join the program but doubt the existence of a higher power. It also contains encouraging personal stories, in which AA members relate their experiences with alcohol and how they found the path to sobriety. "The Big Book" has gone through numerous editions and remains the most widely used resource for

recovering alcoholics. Only this original 1939 edition includes all 29 stories of the program's pioneers, which share the details of their full journey, including initial recovery, sometimes followed by relapse and eventual success. This edition also features the key to the solution claimed by Bill Wilson: a vital spiritual experience that allows followers to rediscover, or discover, God. This realistic portrayal of the program as offered by its founders has been lost in subsequent editions of the work, and is presented here to serve as a reminder that success comes in many forms.

Doce Pasos Y Doce Tradiciones Simon and Schuster

Narcotics Anonymous (NA) describes itself as a "nonprofit fellowship or society of men and women for whom drugs had become a major problem". Narcotics Anonymous uses a traditional 12 step

model that has been expanded and developed for people with varied substance abuse issues. This work is the so-called "Basic Text" and is divided into two parts. Part 1 discusses the basics of the NA fellowship program and the twelve steps and traditions. Part 2 is composed of many personal recovery stories.

Narcotics Anonymous Createspace Independent Pub

Living Sober is an extremely informative book which does not offer a plan for getting sober but does offer us sound advice about how to stay sober. Living Sober is an extremely informative book which does not offer a plan for getting sober but does offer us sound advice about how to stay sober. Basic, essential information from Alcoholics Anonymous. As the book states, "Anyone can get sober. . .the trick is to live sober."

OA Big Book Study Guide Blurbs

The basic text for Alcoholics Anonymous. [Alcoholics Anonymous Big Book](#) A. A. World Services, Inc.

Offering an alternative to twelve-step programs, a supportive guide explains how to identify the impulse to use intoxicants, learn self-control, value sobriety, and replace addiction with self-supportive behaviors.

Writing the Big Book Anonymous Press (WA)

For members of any twelve-step fellowship, this book provides a simple and clear guide to the instructions for working the steps as outlined in A.A.'s Big Book. It reveals, in easy to understand language, the process for working each step, so that the reader can experience the Twelfth Step promise of a spiritual awakening.

[Big Book Study Guides for AA](#) Dell

A.A. co-founder Bill W. tells the story of the growth of Alcoholics Anonymous from its make-or-break beginnings in New York and Akron in the early 1930s to its spread across the country and overseas in the years that followed. A wealth of personal accounts and anecdotes portray the dramatic power of the A.A. Twelve Step program of recovery — unique not only in its approach to treating alcoholism but also in its spiritual impact and social influence. Bill recounts the evolution of the Twelve Steps, the Twelve Traditions and the Twelve Concepts for World Service — those principles and practices that protect A.A.'s Three Legacies of Recovery, Unity and Service — and how in 1955 the responsibility for these were passed on by the founding members to the Fellowship (A.A.'s membership at large). In closing chapters of *Alcoholics Anonymous Comes of Age*, early "friends of A.A.," including the influential Dr. Silkworth and Father Ed Dowling, share their perspectives. Includes 16 pages of archival photographs. For those interested in the history of A.A. and how it has withstood the test of time, *Alcoholics Anonymous Comes of Age* offers on the growth of this ground-breaking movement. *Alcoholics Anonymous Comes of Age* has been approved by the General Service Conference.

[The Small Book](#) Courier Dover Publications

The basic workbook of the Alcoholics Anonymous, which traces its roots, explores its precepts, and presents stories from participants that demonstrate the program's effectiveness.

The Sweet Science World Service Office A.J. Liebling's classic New Yorker pieces on the "sweet science of bruising" bring vividly to life the boxing world as it once was. It depicts the great events of boxing's American heyday: Sugar Ray Robinson's dramatic comeback, Rocky Marciano's rise

to prominence, Joe Louis's unfortunate decline. Liebling never fails to find the human story behind the fight, and he evokes the atmosphere in the arena as distinctly as he does the goings-on in the ring--a combination that prompted Sports Illustrated to name *The Sweet Science* the best American sports book of all time.

The Psychedelic Explorer's Guide

Hillcrest Publishing Group

ALCOHOLICS ANONYMOUS: The Story of How Many Thousands of Men and Women Have Recovered from Alcoholism (generally known as The Big Book) is a 1939 basic text, describing how to recover from alcoholism, written by the founders of Alcoholics Anonymous (AA), Bill W. & Dr. Bob. It is the originator of the seminal "twelve-step method" widely used to attempt to treat many addictions, from alcoholism and heroin addiction to marijuana addiction, as well as overeating, sex addiction, gambling addiction, and family members of alcoholics, with a strong spiritual and social emphasis. It is one of the best-selling books of all time, having sold 30 million copies. In 2011, Time magazine placed the book on its list of the 100 best and most influential books written in English since 1923, the beginning of the magazine.

Writing the Big Book Windhorse Press We, of Alcoholics Anonymous, are more than one hundred men and women who have recovered from a seemingly hopeless state of mind and body. To show other alcoholics PRECISELY HOW THEY CAN RECOVER is the main purpose of this book. For them, we think these pages will prove so convincing that no further authentication will be necessary. We hope this account of our experiences will help everyone to better understand the alcoholic. Many do not yet comprehend that he is a very sick person. And besides, we are sure that our new way of living has its advantages for all.

A Program For You Vintage

Psychedelics for spiritual, therapeutic, and problem-solving use • Presents practices for safe and successful psychedelic voyages, including the benefits of having a guide and how to be a guide • Reviews the value of psychedelics for healing and self-discovery as well as how LSD has facilitated scientific and technical problem-solving • Reveals how microdosing (ultra-low doses) improve cognitive functioning, emotional balance, and physical stamina • This year 600,000 people in the U.S. alone will try LSD for the first time, joining the 23 million who have already experimented with this substance Called "America's wisest and most respected authority on psychedelics and their use,"

James Fadiman has been involved with psychedelic research since the 1960s. In this guide to the immediate and long-term effects of psychedelic use for spiritual (high dose), therapeutic (moderate dose), and problem-solving (low dose and microdose) purposes, Fadiman outlines best practices for safe, sacred entheogenic voyages learned through his more than 40 years of experience--from the benefits of having a sensitive guide during a session (and how to be one) to the importance of the setting and pre-session intention. Fadiman reviews the newest as well as the neglected research into the psychotherapeutic value of visionary drug use for increased personal awareness and a host of serious medical conditions, including his recent study of the reasons for and results of psychedelic use among hundreds of students and professionals. He reveals new uses for LSD and other psychedelics, including microdosing, extremely low doses, for improved cognitive functioning and emotional balance. Cautioning that psychedelics are not for everyone, he dispels the myths and misperceptions about psychedelics circulating in textbooks and clinics as well as on the internet. Exploring the life-changing experiences of Ram Dass, Timothy Leary, Aldous Huxley, and Huston Smith as well as Francis Crick and Steve Jobs, Fadiman shows how psychedelics, used wisely, can lead not only to healing but also to scientific breakthroughs and spiritual epiphanies.

Alcoholics Anonymous Comes of Age CreateSpace

From Simple But Not Easy "For over seventy years the Big Book of Alcoholics Anonymous has offered alcoholics a solution to their chronic, progressive, and fatal illness. This solution cannot be found in fighting or quitting or any other human effort." "Many people abstain from alcohol for months, even years, by going to meetings, reciting the steps, and exchanging complaints about their lives with other abstinent people. For these people 'not drinking' is their only goal. But abstinence is only the beginning of recovery." "It is the Program of Action, particularly Steps 4 through 9, that brings about a spiritual awakening and recovery." "This small book offers newcomers, sponsors, and even long-time members of the AA Fellowship a new tool to identify and understand the basic principles of the Big Book. Once that understanding turns to action--taking the 12 Steps--a spiritual awakening and true recovery can be achieved by anyone."

[Simple But Not Easy](#)

WWW.Snowballpublishing.com

An extraordinary reproduction of the original working manuscript of the Big Book of Alcoholics Anonymous, with an introduction and notes by a panel of celebrated AA historians. The many changes that were made in black, green, and red on each page are shown. An extraordinary reproduction of the original working manuscript of Alcoholics Anonymous, with essays and notes by a panel of celebrated AA historians. *The Book That Started It All* offers fresh insights into the history and foundation of the revolutionary Alcoholics Anonymous program. Reproduced in this elegant gift edition with essays and notes by a panel of celebrated AA historians, the original working manuscript is the missing link in our understanding of what transpired between AA founder Bill Wilson's first draft of Alcoholics Anonymous and the first published edition. In January 1939, Wilson and other AA founders distributed 400 copies of his typescript to everyone they could think of "who might be concerned with the problem of alcoholism," to test out the program. As the loan copies were returned, suggestions for revision were considered and written out in colored pencil on one master copy that was eventually submitted for publication. The many changes made in black, green, and red on page after page are shown here in their original form, revealing the opinions, debates, and discussions that went into making the Big Book.

Twelve Steps and Twelve Traditions Trade Edition Central Recovery Press

You can't beat the basics in times of trouble. During the the coronavirus pandemic, take a fresh look at the twelve steps, and the Big Book's wisdom for healing and hope. *A Program for You* leads each of us--newcomer or old-timer--to a deeper understanding of recovery as a way of life. *A Program for You* clears our way for discovering positive, powerful answers to these questions. In the years since 1939, the Big Book, Alcoholics Anonymous, has guided millions in their search for a design for healthy living free of addictive behaviors. Now, two program old-timers share their years of intensive study of the Big Book, revealing the vitality of its message for those of us

reading it today. This celebration of the basic text of Twelve Step recovery breathes new life into the Big Book's timeless wisdom. Thoroughly annotated line and page, written with down-to-earth humor and simplicity, and providing a contemporary context for understanding, *A Program for You* helps us experience the same path of renewal that Bill W. and the first on hundred AA members did.

The Book That Started It All Alcoholics Anonymous The basic text for Alcoholics Anonymous. The Big Book of Alcoholics Anonymous

Two Study Guides For the Big Book of Alcoholics Anonymous The first study guide has a summary of each book and then hundreds of follow up questions to answer and add sobriety notes. Can be used alone and in group meetings. The Dr.'s Opinion, More About Alcoholism, A Vision for You and all the rest are included. The second study guide is a smaller week by week exercise guide that is suited for group meetings. Can also be used for Narcotics Anonymous, Overeaters Anonymous and other Twelve Step Groups.

Daily Reflections CreateSpace

Co-founder Bill W. was keenly aware of the importance of personal stories, writing, "The story section of the Big Book ... is our principal means of identifying with the reader outside of A.A., it is the written equivalent of hearing speakers at an A.A. meeting; it is our show window of the results." Experience, Strength and Hope offers back to the A.A. Fellowship the candor, wisdom and wit of 56 members whose stories are no longer available in the fourth edition of Alcoholics Anonymous. With each edition, new stories were added to reflect A.A.'s changing membership, while others had to be dropped. Numerous requests from A.A. members led to the publication of this book, where now can be found such classics as "A Feminine Victory," written by one of A.A.'s very first female members, and "The Car Smasher," by "A.A. Number 3" — third after the co-founders themselves. A.A. membership continues to grow and change, but the voices contained here will never be outdated. From poignant accounts of sorrow and loss to more raucous tales

laced with deprecating humor, this collection of stories offer today's A.A. members the timeless gift of experience, strength and hope. Experience, Strength and Hope has been approved by the General Service Conference of Alcoholics Anonymous.

Twelve-Step Guide to Using the Alcoholics Anonymous Big Book Carl (Tucky) Palmieri

Alcoholics Anonymous was founded in 1935 by Bill Wilson and Dr. Bob Smith, who developed the organization's 12-step program. In 1939, they published this volume, which sets forth the cornerstone concepts of recovery and relates stories of those who have overcome alcoholism. A lifeline to millions worldwide, it is the most widely used resource for recovering alcoholics.

Alcoholics Anonymous Study Edition Glen Abbey Books

Acclaimed medical historian Howard Markel traces the careers of two brilliant young doctors—Sigmund Freud, neurologist, and William Halsted, surgeon—showing how their powerful addictions to cocaine shaped their enormous contributions to psychology and medicine. When Freud and Halsted began their experiments with cocaine in the 1880s, neither they, nor their colleagues, had any idea of the drug's potential to dominate and endanger their lives. *An Anatomy of Addiction* tells the tragic and heroic story of each man, accidentally struck down in his prime by an insidious malady: tragic because of the time, relationships, and health cocaine forced each to squander; heroic in the intense battle each man waged to overcome his affliction. Markel writes of the physical and emotional damage caused by the then-heralded wonder drug, and how each man ultimately changed the world in spite of it—or because of it. One became the father of psychoanalysis; the other, of modern surgery. Here is the full story, long overlooked, told in its rich historical context.

Simon and Schuster

The definitive history of writing and producing the "Big Book" of Alcoholics Anonymous, told through unprecedented access to the group's archives.